

ILLINOIS LEARNING STANDARDS: SOCIAL EMOTIONAL LEARNING

GOAL ONE:

DEVELOP SELF-AWARENESS AND SELF-MANAGEMENT SKILLS TO ACHIEVE SCHOOL AND LIFE SUCCESS.

1A: IDENTIFY AND MANAGE ONE'S EMOTIONS AND BEHAVIOR.

1B: RECOGNIZE PERSONAL QUALITIES AND EXTERNAL SUPPORTS.

1C: DEMONSTRATE SKILLS RELATED TO ACHIEVING PERSONAL AND ACADEMIC GOALS.

GOAL TWO:

USE SOCIAL-AWARENESS AND INTERPERSONAL SKILLS TO ESTABLISH AND MAINTAIN POSITIVE RELATIONSHIPS.

2A: RECOGNIZE THE FEELINGS AND PERSEPECTIVES OF OTHERS.

2B: RECOGNIZE INDIVIDUAL AND GROUP SIMILARITIES AND DIFFERENCES.

2C: USE COMMUNICATION AND SOCIAL SKILLS TO INTERACT EFFECTIVELY WITH OTHERS.

2D: DEMONSTRATE AN ABILITY TO PREVENT, MANAGE, AND RESOLVE INTERPERSONAL CONFLICTS IN CONSTRUCTIVE WAYS.

GOAL THREE:

DEMONSTRATE DECISION-MAKING SKILLS AND RESPONSIBLE BEHAVIORS IN PERSONAL, SCHOOL, AND COMMUNITY CONTEXTS.

3A: CONSIDER ETHICAL, SAFETY AND SOCIETAL FACTORS IN MAKING DECISIONS.

3B: APPLY DECISION-MAKING SKILLS TO DEAL RESPONSIBLY WITH DAILY ACADEMIC AND SOCIAL SITUATIONS.

3C: CONTRIBUTE TO THE WELL-BEING OF ONE'S SCHOOL AND COMMUNITY.